## AP Psychology

Select one book from the list below to read this summer. The selections are from a wide variety of psychology-related topics and there should be something of interest for everyone. If you have an idea for a book that you think may fit the format, please see Ms. Castillo ahead of time to get approval.

**First**, Type up a one and a half page (12-font; double-spaced) summary of the book.

**Next**, add another one and a half to two pages of reflection and analysis.

**Include:**

How does this book explain/examine human behavior?

What did you learn that can relate to your own life?

What questions were raised that you hope to have answered this year in this class?

### Popular Psychology Books

[**Thinking, Fast and Slow (Hardcover)**](http://www.goodreads.com/book/show/11468377-thinking-fast-and-slow)
by [Daniel Kahneman](http://www.goodreads.com/author/show/72401.Daniel_Kahneman) Top of Form

**Want to Read**Bottom of FormTop of Form

Bottom of Form

[**Blink: The Power of Thinking Without Thinking (Paperback)**](http://www.goodreads.com/book/show/40102.Blink)
by [Malcolm Gladwell](http://www.goodreads.com/author/show/1439.Malcolm_Gladwell)Top of Form**Want to Read**

Bottom of Form

Top of Form

Bottom of Form

[**Man's Search for Meaning (Paperback)**](http://www.goodreads.com/book/show/4069.Man_s_Search_for_Meaning)
by [Viktor E. Frankl](http://www.goodreads.com/author/show/2782.Viktor_E_Frankl)

Top of Form

[**The Man Who Mistook His Wife for a Hat and Other Clinical Tales (Paperback)**](http://www.goodreads.com/book/show/63697.The_Man_Who_Mistook_His_Wife_for_a_Hat_and_Other_Clinical_Tales)
by [Oliver Sacks](http://www.goodreads.com/author/show/843200.Oliver_Sacks)

[**The Tipping Point: How Little Things Can Make a Big Difference (Paperback)**](http://www.goodreads.com/book/show/2612.The_Tipping_Point)
by [Malcolm Gladwell](http://www.goodreads.com/author/show/1439.Malcolm_Gladwell)

[**The Psychopath Test: A Journey Through the Madness Industry (Paperback)**](http://www.goodreads.com/book/show/12391521-the-psychopath-test)
by [Jon Ronson](http://www.goodreads.com/author/show/1218.Jon_Ronson)

[**Outliers: The Story of Success (Hardcover)**](http://www.goodreads.com/book/show/3228917-outliers)
by [Malcolm Gladwell](http://www.goodreads.com/author/show/1439.Malcolm_Gladwell)

Top of Form

[**Flow: The Psychology of Optimal Experience (Paperback)**](http://www.goodreads.com/book/show/66354.Flow)
by [Mihaly Csikszentmihalyi](http://www.goodreads.com/author/show/27446.Mihaly_Csikszentmihalyi)

[**The Interpretation of Dreams (Hardcover)**](http://www.goodreads.com/book/show/93981.The_Interpretation_of_Dreams)
by [Sigmund Freud](http://www.goodreads.com/author/show/10017.Sigmund_Freud)

[**The Power of Habit: Why We Do What We Do in Life and Business (Hardcover)**](http://www.goodreads.com/book/show/12609433-the-power-of-habit)
by [Charles Duhigg](http://www.goodreads.com/author/show/5201530.Charles_Duhigg)

[**An Unquiet Mind: A Memoir of Moods and Madness (Paperback)**](http://www.goodreads.com/book/show/361459.An_Unquiet_Mind)
by [Kay Redfield Jamison](http://www.goodreads.com/author/show/19038.Kay_Redfield_Jamison)

[**How to Win Friends and Influence People (Paperback)**](http://www.goodreads.com/book/show/4865.How_to_Win_Friends_and_Influence_People)
by [Dale Carnegie](http://www.goodreads.com/author/show/3317.Dale_Carnegie)

[**Drive: The Surprising Truth About What Motivates Us (Hardcover)**](http://www.goodreads.com/book/show/6452796-drive)
by [Daniel H. Pink](http://www.goodreads.com/author/show/96150.Daniel_H_Pink) (Goodreads Author)

[**The Lucifer Effect: Understanding How Good People Turn Evil (Hardcover)**](http://www.goodreads.com/book/show/359194.The_Lucifer_Effect)
by [Philip G. Zimbardo](http://www.goodreads.com/author/show/124526.Philip_G_Zimbardo)

[**Girl, Interrupted (Paperback)**](http://www.goodreads.com/book/show/68783.Girl_Interrupted)
by [Susanna Kaysen](http://www.goodreads.com/author/show/4376.Susanna_Kaysen)

[**Civilization and Its Discontents (Paperback)**](http://www.goodreads.com/book/show/357636.Civilization_and_Its_Discontents)
by [Sigmund Freud](http://www.goodreads.com/author/show/10017.Sigmund_Freud)

[**The Sociopath Next Door (Paperback)**](http://www.goodreads.com/book/show/72536.The_Sociopath_Next_Door)
by [Martha Stout](http://www.goodreads.com/author/show/41016.Martha_Stout)

[**The Art of Loving (Paperback)**](http://www.goodreads.com/book/show/14142.The_Art_of_Loving)
by [Erich Fromm](http://www.goodreads.com/author/show/8788.Erich_Fromm)

[**Memories, Dreams, Reflections (Paperback)**](http://www.goodreads.com/book/show/612188.Memories_Dreams_Reflections)
by [C.G. Jung](http://www.goodreads.com/author/show/38285.C_G_Jung)

Top of Form

Bottom of Form

Top of Form

Bottom of Form

[**The Road Less Traveled: A New Psychology of Love, Traditional Values, and Spiritual Growth (Paperback)**](http://www.goodreads.com/book/show/347852.The_Road_Less_Traveled)
by [M. Scott Peck](http://www.goodreads.com/author/show/3061.M_Scott_Peck)

[**You Are Not So Smart: Why You Have Too Many Friends on Facebook, Why Your Memory Is Mostly Fiction, and 46 Other Ways You're Deluding Yourself (Hardcover)**](http://www.goodreads.com/book/show/11709037-you-are-not-so-smart)
by [David McRaney](http://www.goodreads.com/author/show/4945190.David_McRaney)

[**One Flew Over the Cuckoo's Nest (Mass Market Paperback)**](http://www.goodreads.com/book/show/332613.One_Flew_Over_the_Cuckoo_s_Nest)
by [Ken Kesey](http://www.goodreads.com/author/show/7285.Ken_Kesey)

[**How We Decide (Hardcover)**](http://www.goodreads.com/book/show/3860977-how-we-decide)
by [Jonah Lehrer](http://www.goodreads.com/author/show/428923.Jonah_Lehrer)

[**Love's Executioner and Other Tales of Psychotherapy (Paperback)**](http://www.goodreads.com/book/show/21027.Love_s_Executioner_and_Other_Tales_of_Psychotherapy)
by [Irvin D. Yalom](http://www.goodreads.com/author/show/909675.Irvin_D_Yalom)

[**How the Mind Works (Paperback)**](http://www.goodreads.com/book/show/835623.How_the_Mind_Works)
by [Steven Pinker](http://www.goodreads.com/author/show/3915.Steven_Pinker)

[**The Blank Slate: The Modern Denial of Human Nature (Paperback)**](http://www.goodreads.com/book/show/5752.The_Blank_Slate)
by [Steven Pinker](http://www.goodreads.com/author/show/3915.Steven_Pinker)

[**David and Goliath: Underdogs, Misfits, and the Art of Battling Giants (Hardcover)**](http://www.goodreads.com/book/show/15751404-david-and-goliath)
by [Malcolm Gladwell](http://www.goodreads.com/author/show/1439.Malcolm_Gladwell)

[**Musicophilia: Tales of Music and the Brain (Hardcover)**](http://www.goodreads.com/book/show/1297985.Musicophilia)
by [Oliver Sacks](http://www.goodreads.com/author/show/843200.Oliver_Sacks)

[**The Paradox of Choice: Why More Is Less (Paperback)**](http://www.goodreads.com/book/show/10639.The_Paradox_of_Choice)
by [Barry Schwartz](http://www.goodreads.com/author/show/6957.Barry_Schwartz)

[**Moonwalking with Einstein: The Art and Science of Remembering Everything (Hardcover)**](http://www.goodreads.com/book/show/6346975-moonwalking-with-einstein)
by [Joshua Foer](http://www.goodreads.com/author/show/2867569.Joshua_Foer)

[**The Highly Sensitive Person: How to Thrive When the World Overwhelms You (Paperback)**](http://www.goodreads.com/book/show/923950.The_Highly_Sensitive_Person)
by [Elaine N. Aron](http://www.goodreads.com/author/show/89949.Elaine_N_Aron)

[**The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science (Hardcover)**](http://www.goodreads.com/book/show/570172.The_Brain_That_Changes_Itself)
by [Norman Doidge](http://www.goodreads.com/author/show/311849.Norman_Doidge)

[**The Willpower Instinct: How Self-Control Works, Why It Matters, and What You Can Do to Get More of It (Hardcover)**](http://www.goodreads.com/book/show/10865206-the-willpower-instinct)
by [Kelly McGonigal](http://www.goodreads.com/author/show/3251696.Kelly_McGonigal)

[**Freakonomics: A Rogue Economist Explores the Hidden Side of Everything (Freakonomics, #1)**](http://www.goodreads.com/book/show/1202.Freakonomics)
by [Steven D. Levitt](http://www.goodreads.com/author/show/798.Steven_D_Levitt)

[**Mindset: The New Psychology of Success (Hardcover)**](http://www.goodreads.com/book/show/40745.Mindset)
by [Carol S. Dweck](http://www.goodreads.com/author/show/217172.Carol_S_Dweck)

Bottom of Form

Top of Form

Bottom of Form

Rate this book

[1 of 5 stars2 of 5 stars3 of 5 stars4 of 5 stars5 of 5 stars](http://www.goodreads.com/shelf/show/psychology)

[**The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom (Paperback)**](http://www.goodreads.com/book/show/96884.The_Happiness_Hypothesis)
by [Jonathan Haidt](http://www.goodreads.com/author/show/55727.Jonathan_Haidt)

[**Influence: The Psychology of Persuasion (Paperback)**](http://www.goodreads.com/book/show/28815.Influence)
by [Robert B. Cialdini](http://www.goodreads.com/author/show/160932.Robert_B_Cialdini)

[**Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead (Hardcover)**](http://www.goodreads.com/book/show/13588356-daring-greatly)
by [Brené Brown](http://www.goodreads.com/author/show/162578.Bren_Brown)

[**The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are (Paperback)**](http://www.goodreads.com/book/show/7015403-the-gifts-of-imperfection)
by [Brené Brown](http://www.goodreads.com/author/show/162578.Bren_Brown)

[**The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients (Paperback)**](http://www.goodreads.com/book/show/21025.The_Gift_of_Therapy)
by [Irvin D. Yalom](http://www.goodreads.com/author/show/909675.Irvin_D_Yalom)

[**On Becoming a Person: A Therapist's View of Psychotherapy (Paperback)**](http://www.goodreads.com/book/show/174879.On_Becoming_a_Person)
by [Carl R. Rogers](http://www.goodreads.com/author/show/102062.Carl_R_Rogers)

[**Predictably Irrational: The Hidden Forces That Shape Our Decisions (Hardcover)**](http://www.goodreads.com/book/show/1713426.Predictably_Irrational)
by [Dan Ariely](http://www.goodreads.com/author/show/788461.Dan_Ariely)

[**The Upside of Irrationality: The Unexpected Benefits of Defying Logic at Work and at Home (Hardcover)**](http://www.goodreads.com/book/show/7815744-the-upside-of-irrationality)
by [Dan Ariely](http://www.goodreads.com/author/show/788461.Dan_Ariely)

Top of Form

Bottom of Form

Top of Form

Bottom of Form

[**Emotional Intelligence 2.0 (Hardcover)**](http://www.goodreads.com/book/show/6486483-emotional-intelligence-2-0)
by [Travis Bradberry](http://www.goodreads.com/author/show/15463.Travis_Bradberry)

[**The Language Instinct: How the Mind Creates Language (Paperback)**](http://www.goodreads.com/book/show/5755.The_Language_Instinct)
by [Steven Pinker](http://www.goodreads.com/author/show/3915.Steven_Pinker)

[**Without Conscience: The Disturbing World of the Psychopaths Among Us (Paperback)**](http://www.goodreads.com/book/show/119730.Without_Conscience)
by [Robert D. Hare](http://www.goodreads.com/author/show/69416.Robert_D_Hare)

[**Incognito: The Secret Lives of the Brain (Hardcover)**](http://www.goodreads.com/book/show/9827912-incognito)
by [David Eagleman](http://www.goodreads.com/author/show/2883386.David_Eagleman)

[**The Invisible Gorilla: And Other Ways Our Intuitions Deceive Us (Hardcover)**](http://www.goodreads.com/book/show/7783191-the-invisible-gorilla)
by [Christopher Chabris](http://www.goodreads.com/author/show/550010.Christopher_Chabris)

[**Brain on Fire: My Month of Madness (Hardcover)**](http://www.goodreads.com/book/show/13547180-brain-on-fire)
by [Susannah Cahalan](http://www.goodreads.com/author/show/5778057.Susannah_Cahalan)

[**Phantoms in the Brain: Probing the Mysteries of the Human Mind (Paperback)**](http://www.goodreads.com/book/show/31555.Phantoms_in_the_Brain)
by [V.S. Ramachandran](http://www.goodreads.com/author/show/17674.V_S_Ramachandran)